



The Alpha Woman Meets Her Match: How Today's Strong Women Can Find Love and Happiness Without Settling

By Sonya Rhodes, Susan Schneider

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Alpha Woman Meets Her Match: How Today's Strong Women Can Find Love and Happiness Without Settling, Sonya Rhodes, Susan Schneider, In the twenty-first century, women are outpacing men in education and career advancement. Yet successful women are constantly being told that their professional achievements might doom their chances of marriage and family. Data show that today's Alpha women-ambitious, self-assured, and hardworking-are hardly fated to be spinsters. By rethinking outmoded gender roles, women can have better relationships than ever before. A clinical psychologist with more than thirty years' experience, Dr. Rhodes shares her secrets to helping women triumph in love by finding men who will appreciate and complement their strengths. Challenging gender stereotypes associated with the terms Alpha and Beta, she advises the Alpha woman to look past the overly competitive, domineering Alpha male for a man who is not threatened by her strengths. Just as Alpha women aren't demanding bitches, Beta men aren't passive wimps. Demonstrating that nearly everyone is a combination of both qualities, Dr. Rhodes includes a comprehensive test to help readers define where they (and their partners) are on the Alpha-Beta spectrum, giving women more options and...



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