



Minimalism: A Guide to Living a Simpler, Happier and Meaningful Life (Paperback)

By Linda Siegmund

Createspace, United States, 2015. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****. Are you ready to have a simpler, cleaner and richer life? Don't you feel overwhelmed with all the STUFF that has collected around you? Don't you wish you had more time, energy and money for the people and activities you love? Then you are ready to be a Minimalist. The Minimalist Lifestyle has been the source of interest in the last decade or so, because of the benefits it provides to people who follow it. It is a lifestyle that is free of encumbrances of the consumerist mentality that affects many people. It is about living a simpler lifestyle that will allow you to build stronger relationships and follow your passions. Here is a chance for you to get rid of all the things that are clogging up your life, finances and home and keeping you from living a fulfilling life. In the guide you'll learn: How to de-clutter your home, so that what remains is what you really need, and not just stuff that is filling your home and encroaching on your spaceHow to...

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