

In 2 Minds: My Life Story in My Own Words (Paperback)



Filesize: 9.45 MB

Reviews

It is simple in study safer to understand. It can be full of knowledge and wisdom Your way of life span is going to be enhance when you full looking at this book.

(Lavina Torp)

IN 2 MINDS: MY LIFE STORY IN MY OWN WORDS (PAPERBACK)



Chipmunkpublishing, United Kingdom, 2009. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Description In this achingly honest memoir Fabia Cerra tells the story of her struggle with mental illness, from an abused childhood, an adolescence in which she became the World Disco Dancing Champion, and an adulthood plagued by divisions in her family life, drug abuse, schizophrenia, depression and bi-polar illness. In the course of the book, Fabia writes with great understanding - and out of her own experience - about the nature of bi-polar illness and how she has learnt to cope with it, in a way that will be helpful and encouraging to fellow sufferers and provide insight for others who may know less about how this terrible illness can blight the lives of all those affected, including family and friends. From early childhood, Oxford-born Fabia (born 1973) and her younger sister Lorenza experience physical abuse at the hands of their alcoholic, promiscuous mother. Bullied at home and later at school, Fabia seeks refuge in late childhood and early adolescence in dancing. A beautiful slim young girl with long dark curly hair, Fabia becomes a disco dancer, winning championship after championship, but the pressure to win becomes more and more overwhelming. Her competition rankings start to fall and her mother announces that she will no longer accompany her to competitions. Paradoxically Fabia realises that the only way she can win is by fulfilling her mother's expectations - and being treated like dirt is part of the deal. Without her mother's support, she hangs up her dancing shoes. Raped at a party, bullied at school because I danced (she pulls a gun in school on her tormentors), Fabia retreats into drug-taking - cannabis, amphetamines and ecstasy, in...



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Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Hope for Autism: 10 Practical Solutions to Everyday...

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Christmas Favourite Stories: Stories + Jokes + Colouring Book: Christmas Stories for Kids (Bedtime Stories for Ages 4-8): Books for Kids: Fun Christmas Stories, Jokes for Kids, Children Books, Books for Kids, Free Stories (Christmas Books for Children) (P

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Merry Xmas! Your kid will love this adorable Christmas book...

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GB Publishing.org, United Kingdom, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Surrey Life magazine, May 2015, TV presenter Juliette Foster: She writes with...

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Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English] (Paperback)

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to

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Mother Carey s Chickens (Paperback)

BOOK JUNGLE, United States, 2010. Paperback. Book Condition: New. 235 x 191 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin was an American children s author and educator. She

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ZONDERVAN, United States, 2010. Paperback. Book Condition: New. 180 x 127 mm. Language: English . Brand New Book. The Case for the Resurrection, a ninety-six-page booklet from bestselling author Lee Strobel, provides new evidence that

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Oxford University Press, United Kingdom, 2014. Hardback. Book Condition: New. Mr. Alex Brychta (illustrator). 176 x 148 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling

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The Adventures of a Plastic Bottle: A Story about Recycling (Paperback)

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