



The Goddess Guide to Chakra Vitality (Paperback)

By Anita Revel

Now Age Publishing Pty Ltd, United States, 2009. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. The Goddess Guide to Chakra Vitality contains many easy and fun ways to sass up your chakras - the energy centres that rule every aspect of your life. This guide introduces empowerment tools such as sound, elements, symbols, colours, flowers, gemstones, essential oils, yoga, visualisations, affirmations and goddess messages to bring balance back into your life. Creatrix of , Anita Revel introduces ways you can: * create balance in all seven essential aspects of life; * recognise which archetypal goddess energy is influencing your choices and behaviour; and * model yourself on the archetypal role models that will see you shine your way to success. Be guided by your intuition and open yourself to the insights offered by any one of the 49 ancient goddesses in this book. Use the advice to live fully, purposefully and with a gorgeous goddess glow.



[DOWNLOAD PDF](#)



[READ ONLINE](#)
[7.32 MB]

Reviews

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.

-- Justus Hettinger