



The Goddess Guide to Chakra Vitality (Paperback)

By Anita Revel

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 New Book ***** Print on Demand *****.The Goddess Guide to
 Chakra Vitality contains many easy and fun ways to sass up your
 chakras - the energy centres that rule every aspect of your life.
 This guides introduces empowerment tools such as sound,
 elements, symbols, colours, flowers, gemstones, essential oils,
 yoga, visualisations, affirmations and goddess messages to
 bring balance back into your life. Creatrix of , Anita Revel
 introduces ways you can: * create balance in all seven essential
 aspects of life; * recognise which archetypal goddess energy is
 influencing your choices and behaviour; and * model yourself on
 the archetypal role models that will see you shine your way to
 success. Be guided by your intuition and open yourself to the
 insights offered by any one of the 49 ancient goddesses in this
 book. Use the advice to live fully, purposefully and with a
 gorgeous goddess glow.



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Reviews

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- **Prof. Kirk Cruickshank DDS**

This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.

-- **Justus Hettinger**