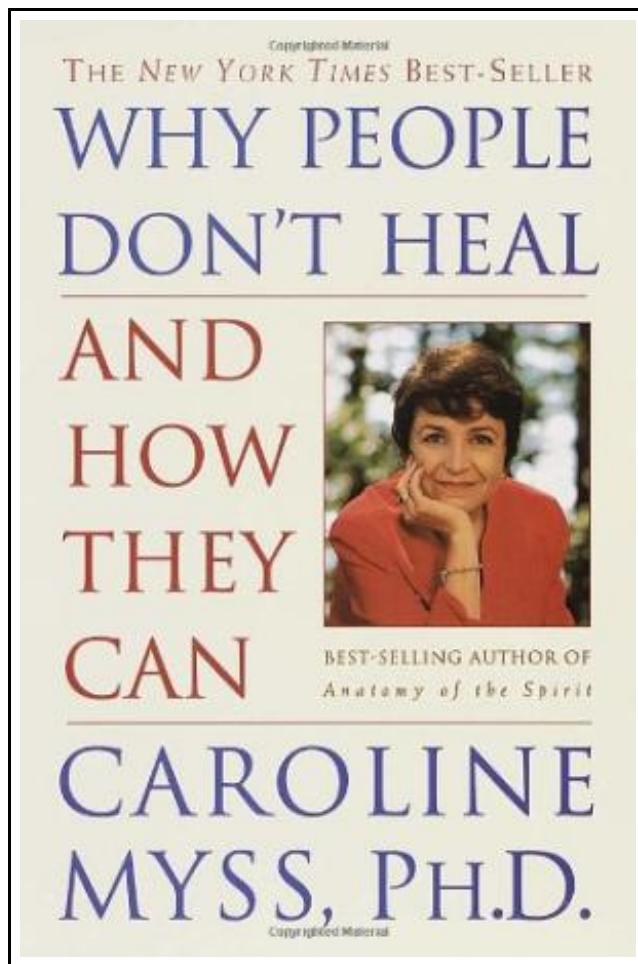


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Reviews

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Random House USA Inc, United States, 1998. Paperback. Book Condition: New. Pbk.. 226 x 150 mm. Language: English . Brand New Book. Why does a clean-living person get sick, while a more obvious candidate stays healthy? Why does someone with a fatal illness suddenly become well, while another with a more benign condition dies? In Why People Don t Heal and How They Can, best-selling author, medical intuitive, and teacher Caroline Myss explores the deep-seated, spiritual causes of illness, and the symbolic lessons that underlie it. In the 1980s, when the New Age movement was growing like crazy, people began to express a willingness to take responsibility for their illness, says Myss. We were all convinced that complete recovery of health was just one psychological insight away. Yet after a few years of trying every available healing regimen and publicly sharing the inner wounds of their psyches, people still didn t get well. As frustrated and puzzled as everyone else, Myss privately began to wonder if somehow they were all on the wrong track. Then in 1988 Myss had an experience that made her realize the power that lies in being wounded. One day, in passing, I introduced a friend of mine to two gentlemen I was talking with, says Myss. Within two minutes, my friend managed to let these men know that she was an incest survivor. Her admission had nothing whatsoever to do with the conversation we d been having, and in a flash I realized that she was using her wounds as leverage. She had gotten to the point that she defined herself by a negative experience. Once Myss became attuned to this phenomenon, which she quickly dubbed woundology, she saw it everywhere. In workshops and in daily life I saw that, rather than working to get...

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